

COVID 19 Infection Control Policy for Face to Face Clients Appointments

From 1st June Mummy Movement PT is now able to offer a limited number of face to face sessions in line with the advice and recommendations from the UK government.

All coaching sessions will be outside observing social distancing and hygiene rules.

All sessions will be carried out with two metres separation between client and coach.

All equipment will be carefully cleaned with disinfectant before and after each appointment.

There will be gap between every client appointment to make sure that all equipment can be cleaned and that no two clients will be on the property at the same time.

If you would like to wear a mask and gloves please remember to bring these with you. If you would like Mummy Movement to wear a mask and gloves please let us know and we will be happy to do so.

Mummy Movement has carried out an extensive risk assessment. If you would like to see a copy of our Risk Assessment please let us know.

Unfortunately we cannot our gym remains closed at this time and this also includes the bathroom inside.